



# Study Guide

22 DAY STUDY PLAN by Dentalelle

# Studying

- Study **2 hours minimum** a day and 6 hours max
- Think about it in shifts - if you can, I suggest studying **2 hours in the morning, 2 hours in the afternoon** and **2 hours in the evening**. This avoids overwhelm and you can retain as much as possible!
- Or - study in two 3 hour shifts in one day
- Get enough sleep! Waking up at 4am to study is **NOT OK** :).

## How to use this guide

- The following pages will guide you on modules to study over the next **22 days** - the pages can be done out of order if you wish, but I've designed them in a certain way to give your brain a break.
- Harder topics and easier topics are grouped together and mixed up in certain ways for a reason :)
- There are other topics you can study but these are the **MAIN** topics and module PDF's I want you to focus on.
- If you feel you have extra time, feel free to go through your notes, Dentalelle notes online and textbooks

## Also

- Please watch **ONE previous recorded session in Dentalelle A DAY** (or 7 OVER A WEEK)
- You can pick any video you like PER DAY, doesn't have to be related to that module
- I always suggest mixing it up - so lets say you are reviewing oral pathology that day in your notes, watch a video on histology or anatomy for something different

# Module 7

- Oral Pathology Lesions
- Tooth Development
- The Mouth
- Intra/Extra Oral Exam
  
- This should take you *4 days max!*

## Module 3

- Special Needs
- Conditions
- Pregnancy
  
- This should take you *3 days max!*

## Module 2

- Periodontal Disease
- Human Needs
- Eruption Patterns
- Dental Hygiene Diagnosis
  
- This should take you *3 days max!*

# Module 1

- Medical Emergencies
- Vita Signs
- Instrumentation
- Code of Ethics
  
- This should take you *3 days max!*



# Module 8

- Community
- This should take you **1 day only!**

# Module 6

- Pharmacology
- Common Medications
- Antibiotic Prophylaxis
  
- This should take you *3 days max!*

# Module 5

- Injection Techniques
- Dental Materials
  
- This should take you 3 days max!

# Module 4

- Radiography and Processing Errors
- Radiography Terms
- Radiography History
  
- This should take you *2 days max!*

# Questions?

- Email me :) - [andrea@dentalelle.com](mailto:andrea@dentalelle.com)
- \*\*Make sure to ask your questions in our private facebook group 'Students of Dentalelle Tutoring' for a faster response.
- Happy Studying!

